

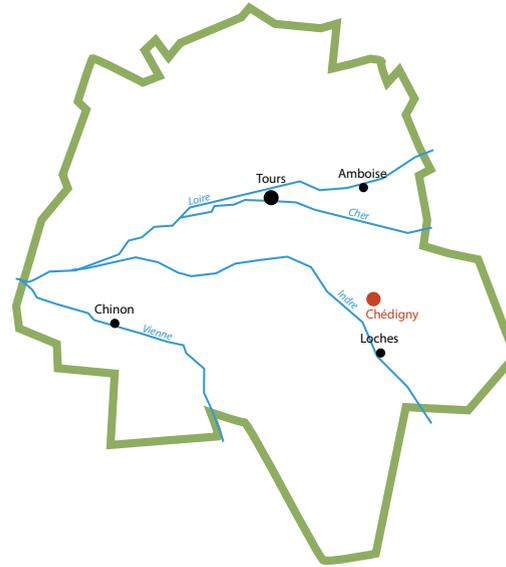
To see, to discover

The Royal City of Loches :

In the heart of the royal city, follow the winding passageways and discover the keep, the royal apartments and the collegiate church. Built between the 11th and 16th centuries, these buildings are models of defensive, residential and religious architecture and key locations on the French history map.

Le festival des Roses

The festival is held over the Mother's Day weekend and has become one of the highlights in Touraine's events schedule with 15,000 visitors. The village of Chédigny is listed as one of the most beautiful parks and gardens in the Central Region and the best «rose gardens in Europe».



Walking charter

Cherish and respect nature. Listen to it, do not spoil it and do not harm it. Stay on the trail and be discreet. Do not damage plants or undergrowth. Do not smoke in the forest or do not light fires. Do not scare animals. Do not neglect human contact. Respect and get to know this rural world that welcomes you.

This material is funded by the Indre-et-Loire Council as part of the Footpath and Hiking Trail Regional Plan.

If you encounter any problem during the process of your walk, please inform us at sentinelle.sportsdenature.fr



Hiking
NATURE - HERITAGE

The Indrois Valley

Chédigny

2h/3h 15 - 8/13km
niv. Easy/Medium

TO FIND YOUR WAY

STRAIGHT ON



CHANGE OF DIRECTION



WRONG WAY



This 13 km ramble and 8 km alternative route pass through three charming villages: Chédigny, Azay-sur-Indre and Chambourg-sur-Indre. Discover the Indre and Indrois valleys and their rich natural heritage.

1 A remarkable garden

Park at the entrance to Chédigny near the trough or cemetery. Then set off to explore this unique «Remarkable Garden» village home to countless artists, painters and potters. Visit Place de l'Église and its lovely «monastic garden» designed with the help of renowned specialists. Go on Rue du Lavoisier adorned with flowers and other rustic plants. Take a left onto Rue de Flandres Dunkerque. Pass the earthenware factory and continue straight on, enjoying the harmony of the surroundings.

2 The Rochette hamlet

Arriving in the hamlet of La Rochette, crossed by the river Indrois, you will see a pretty, restored water mill. As you leave the hamlet there is a superb view of the green valley. The river itself is home to many plant species such as the anemone. Continue on the small tarmac road and, after passing a wine-grower's lodge, take the second grassy path on your left and head towards the woods. Follow this path which takes you through several vine plots.

3 Château de la Follaine

At the end of the path, if you wish to follow the shorter route, turn left, then left again and then right to get directly to Morillon. Otherwise, turn right and then left. You are walking in the grounds of the **château de Follaine**, the former property of the Marquis de la Fayette. Built in the 15th century, this manor house like chateau, previously known as La Follaine de Ghédigny, was originally part of the Loches chapter.

4 Indrois river

At the bottom of the descent, turn left at the mill La Follaine built on the river Indrois. You will pass a nursery which specialises in aquatic plants. These plants are often used for phyto-purification (the use of plants to purify recycled water)..

5 Follaine Mill

Turn right and cross the river Indrois. The river is home to many fish species including bream, roach and tench as well as carnivores such as the eel, pike, zander and perch. Cross the D 10 road carefully. Turn left to take the short circuit directly to Bretagne. Turning right you get back to the banks of the river Indre after skirting the **Grande Planche**. This alluvial plain was used as a sandpit until 1956.

6 Banks of the Indre

You are now on the GR 46. This path links Tours to Cahuzac-sur-Vère in the department of Tarn. Walk alongside fields planted with poplar trees and continue along a pretty forest trail which will lead you, little by little, onto the banks of the river where numerous fishing spots offer a moment of calm.

7 Timé Island

Level with **Timé island**, turn left to re-join the tarmac road on your right and then ascend, to the left, in the direction of Chédigny on a shell marl-covered path. Stop a moment to enjoy the view of the valley behind you one last time; in the distance you can see the village of Chambourg-sur-Indre. At the crossroads, take the path shared with cyclists (cycle route n°3) to enter deeper into this forest full of beautiful varieties of resinous, oak and chestnut trees. Leave the path at the crossroads to take, on your left, the path through the woods.

8 Bretagne

Just before you reach Bretagne, the short and the long circuit join to follow the same route. Turn right just after passing through Bretagne. Cross the D 25 road carefully. Follow the path in the direction of the château du Breuil which was built between the 16th and the 19th centuries.

9 Bollée wind turbine

Turn left level with the **wind turbine**. Named after its inventor, **Bollée**, the wind turbine provided the chateau with water. Go back to the crossroads. Opposite you, notice an unusual house whose gable, which is still visible, indicates the former existence of a church. This 15th century Romanesque style church dedicated to Saint Michael was a parish of its own, distinct from the parish of Saint Peter in Chédigny.

To finish the ramble and get back to your vehicle, walk in the direction of the town on the D 10 road.